

Freka® Pexact II

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a Freka Pexact, a gastrostomy tube placed directly into the stomach, held in place by an internal retention balloon and external sutures.
- The area where the tube enters the stomach is called the stoma site.

> Initial Care:*

- Water/feed is usually commenced 6-12 hours after placement. Refer to individual feeding regimen.
- If patient complains of pain or there is localised swelling, stop feeding and report to your local healthcare professional.
- Flush tube 4-6 hourly with water (as per local/hospital policy). This does not need to be done through the night.
- The balloon will be filled with 5ml of sterile water or 0.9% saline.

> Daily Care:

- Clean stoma site daily with mild soap and water and ensure adequate drying.
- Observe stoma site daily for leakage, swelling, redness or inflammation - some clear fluid may be present, this is normal. Report any problems to your local healthcare professional.

- Flush tube with water (as per local/hospital policy) before, during and after enteral feed and medications.
- Do not use dressings unless clinically indicated.
- The water level in the balloon should be checked regularly, for example weekly. Your local healthcare professional can show you how to do this or will do it for you.
- If tube becomes blocked use warm water/carbonated water/soda water and refer to local policy if applicable.
- **Do not flush** tube using force. If tube remains blocked inform your local healthcare professional.
- **Do not** put anything down the tube other than feed, water and medication in liquid form.
- Advance tube 1-2cm and rotate 360° once a day (no more than once a day and no less than once a week).
- Once stoma tract has healed, the fixation device can be moved for cleaning. However it should be returned back to its original position (approx 1cm away from skin) to prevent migration/movement.

It is recommended to replace the original balloon tube after 90 days with a new balloon tube e.g. Freka Gastrotube (FR15), Freka Button (FR15) low profile, or Freka Belly Button (FR14) and the sutures will be removed.

* after placement

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