

Hi I'm Sam,
I've got a Freka[®]
Nasogastric Tube
just like yours.



Watch Sam's videos

Download the free 'Zappar' app
(available on Android and iOS),
open the app and hold your device in
front of this poster to bring Sam to life.

📶 Wi-Fi recommended



Here is some information that might help you.

What is a Freka Nasogastric Tube?

A Freka Nasogastric Tube is a soft tube which goes from your nose into your tummy. You might need to go into hospital to have your tube placed. It will help you to get the nutrition you need, into your tummy.

How does it work?

The tube goes through the nose and down into your tummy. You can then get your nutrition and fluid (often called feed) through the tube. You will have some soft tape to stick your Freka Nasogastric Tube to your nose. Your Dietitian will tell you how many times a day or night you will be fed through your tube and whether you will be fed using a feeding pump and giving set or by using a syringe.

Your Dietitian or Nurse will let you know how much feed you need and if you are using a pump, this will make sure that you get the right amount.

Your Dietitian or Nurse will also tell you how often and how much water you should use to 'flush' your tube, this will help to keep it nice and clean.

Once you have flushed your tube you can connect it to your feeding pump's giving set by pushing the two ends together and twisting. Or if you are using a syringe you can connect this directly to your Freka Nasogastric Tube.

How do I clean it?

It's very important to keep your Tube clean, so you should carefully and gently keep your nose clean every day and flush your tube as your Dietitian or Nurse has told you to. They will also have more advice on how you should keep your Freka Nasogastric Tube clean

Your Dietitian or Nurse will also tell you when you can bathe, shower or swim and how important it is to carefully dry the area around the tube afterwards.

Further information

For further information, please ask your Dietitian or Nurse for a Freka Nasogastric Aftercare sheet or visit the website:- www.fresenius-kabi.com/gb