

# SUPPORTAN® DRINK



## DESCRIPTION

A flavoured liquid consisting of protein (milk), fat (MCT, Sunflower oil, Safflower oil and fish oil), carbohydrate (Maltodextrin and Sucrose), fibre (inulin and wheat dextrin), vitamins, minerals and trace elements.

## PRESENTATION

Nutritionally complete high calorie (1.5kcal/ml) disease specific oral nutritional supplement with fibre, high in protein (27% energy), high in EPA and DHA from fish oil, high in fat, with MCT. Suitable as a sole source of nutrition. Ready to use and presented in a 200ml bottle. Available in Tropical Fruits flavour. Lactose and gluten free.

## CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

## PRECAUTIONS

MUST ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION FOR CHILDREN UNDER 6 YEARS OF AGE

ENSURE ADEQUATE FLUID INTAKE

IF USED FOR COMPLETE NUTRITION CONSIDER HIGH FISH OIL AND PROTEIN LEVELS

## INDICATIONS FOR USE

For the dietary management of patients with or at risk of malnutrition, in particular with cancer, chronic catabolic diseases and/or cachexia

Supportan® Drink is a Food for Special Medical Purposes.

Supportan® Drink is prescribable on FP10/GP10 for the dietary management of patients with pancreatic cancer and patients with lung cancer undergoing chemotherapy.

## DOSAGE

Dosage should be calculated by a healthcare professional according to individual requirements.

Recommendation for supplementary nutrition 2 bottles (600kcal)/day, for complete nutrition  $\leq$  5 bottles (1500kcal)/day which meets the average adult requirements\* for vitamins, minerals and trace elements\*\*

## STORAGE

Store at room temperature.

Once opened, refrigerate and use within 24 hours

Shake well before use. Drink slowly. Best served chilled. Packaged in a protective atmosphere.

## SHELF LIFE

15 months from date of manufacture.

## PACK SIZE

4 x 200ml.

## ENERGY DISTRIBUTION

Protein 27%

Fat 40%

Carbohydrate 31%

Fibre 2%

## ORDER CODES

Tropical Fruits 7594601

## INGREDIENTS

Water, milk protein, sucrose, maltodextrin, fish oil (with soya lecithin), vegetable oils (safflower oil, sunflower oil), medium chain triglycerides (MCT), inulin (from chicory), wheat dextrin, flavourings, potassium citrate, emulsifiers (E471, soya lecithin), sodium citrate, sodium chloride, vit. C, magnesium oxide, iron pyrophosphate, magnesium citrate, zinc sulphate, vit. E, manganese chloride, pantothenic acid, niacin, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>12</sub>,  $\beta$ -carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

Date of Preparation:  
October 2022

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NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	150 (630)	300 (1260)
PROTEIN g	10	20
CARBOHYDRATE g	11.6	23.2
Of which sugars g	7.5	15
Of which lactose g	$\leq$ 0.5	$\leq$ 1.0
FAT g	6.7	13.4
Of which saturated fatty acids g	2.8	5.6
Of which MCT g	1.6	3.2
Of which monounsaturated fatty acids g	1.6	3.2
Of which polyunsaturated fatty acids g	2.3	4.6
Of which EPA and DHA g	0.71	1.42
FIBRE g	1.5	3
SALT g (Na x 2.5)	0.12	0.24
WATER ml	76	152
OSMOLARITY mosmol/l		385
OSMOLALITY mosmol/kg H <sub>2</sub> O		510

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	47.5 (2.1)	95 (4.2)
POTASSIUM mg (mmol)	128 (3.3)	256 (6.6)
CHLORIDE mg (mmol)	50 (1.4)	100 (2.8)
CALCIUM mg (mmol)	203 (5.1)	406 (10.2)
PHOSPHORUS mg (mmol)	120 (3.9)	240 (7.8)
MAGNESIUM mg (mmol)	26 (1.1)	52 (2.2)
IRON mg	2.5	5
ZINC mg	2	4
COPPER $\mu$ g	375	750
MANGANESE mg	0.5	1
IODINE $\mu$ g	37.5	75
CHROMIUM $\mu$ g	12.5	25
MOLYBDENUM $\mu$ g	18.8	37.6
FLUORIDE mg	0.25	0.5
SELENIUM $\mu$ g	13.5	27

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 200ml
VITAMIN A $\mu$ gRE	213	426
of which $\beta$ -carotene $\mu$ g RE	63	126
VITAMIN D <sub>3</sub> $\mu$ g	2.5	5
VITAMIN E mg $\alpha$ TE	3.75	7.5
VITAMIN K <sub>1</sub> $\mu$ g	21	42
VITAMIN B <sub>1</sub> mg	0.3	0.6
VITAMIN B <sub>2</sub> mg	0.4	0.8
NIACIN mg	15(3.17mg NE)	3.0(6.34mg NE)
VITAMIN B <sub>6</sub> mg	0.43	0.86
VITAMIN B <sub>12</sub> $\mu$ g	0.75	1.5
PANTOTHENIC ACID mg	1.5	3
BIOTIN $\mu$ g	9.4	18.8
FOLIC ACID $\mu$ g	62.5	125
VITAMIN C mg	18.8	37.6
CHOLINE* mg	2.5	5

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6 Caproic acid	0.002
C8 Caprylic acid	0.88
C10 Capric acid	0.6
C12 Lauric acid	0.005
C14 Myristic acid	0.19
C16 Palmitic acid	0.55
C16:1 n-7 Palmitoleic acid	0.22
C18 Stearic acid	0.15
C18:1 n-9 Oleic acid	1.07
C18:2 n-6 Linoleic acid	1.16
C18:3 n-3 $\alpha$ -Linolenic acid	0.03
C20:5 n-3 Eicosapentaenoic acid	0.50
C22:6 n-3 Docosahexaenoic acid	0.21
Other n-3 fatty acids from fish	0.07

TYPICAL AMINO ACID PROFILE	g Per 100ml
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ESSENTIAL	g Per 100ml
Histidine	0.29
Isoleucine	0.57
Leucine	0.98
Lysine	0.83
Methionine	0.28
Phenylalanine	0.5
Threonine	0.47
Tryptophan	0.10
Valine	0.7

CONDITIONALLY ESSENTIAL	g Per 100ml
Cysteine	0.07
Tyrosine	0.53
Taurine	-
Glycine	0.19
Arginine	0.36
Glutamine	0.74
Proline	0.98

NON-ESSENTIAL	g Per 100ml
Aspartic acid and Asparagine	0.93
Glutamic acid	1.03
Alanine	0.33
Serine	0.59

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Glucose	0.09
Fructose	0.06
Maltose	0.24
Saccharose	6.56
Lactose	$\leq$ 0.5
Oligosaccharides and Polysaccharides	4.18
Starch	-

\*Excluding electrolytes sodium, potassium and chloride, magnesium

\*\*For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO London, 2011