

FRESUBIN® 2KCAL MINI DRINK



DESCRIPTION

A flavoured liquid consisting of protein (milk) vegetable oils (rapeseed oil, sunflower oil), carbohydrates, vitamins, minerals and trace elements.

PRESENTATION

Fresubin® 2kcal Mini is a nutritionally complete, high calorie (2.0 kcal/ml), high protein (20% energy) oral nutritional supplement, fibre free. High in vitamin D.

Fresubin® 2kcal Mini is ready to use and presented in a 125ml EasyBottle. It is available in three flavours: Vanilla, Fruits of the Forest, Apricot-Peach. Lactose and gluten free

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OLD

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

ENSURE ADEQUATE FLUID INTAKE

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy and protein needs or fluid restrictions.

Fresubin® 2kcal Mini is a Food for Special Medical Purposes.

Fresubin® 2kcal Mini is prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

DOSAGE

Dosage should be calculated by a clinician or Dietitian according to individual requirements.

Recommendation for supplementary nutrition 2-3 bottles (500-750kcal)/ day or complete nutrition 6-8 bottles (1500-2000 kcal)/day.

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

Shake well before use. Drink slowly.

PACK SIZE

4 x 125ml

SHELF LIFE

15 months from date of manufacture

COUNTRY OF DATA ORIGIN

Germany

ORDER CODE

Vanilla: 7003801

Fruits of the Forest: 7005801

Apricot-Peach: 7007801

ENERGY DISTRIBUTION

Protein 20%

Fat 35%

Carbohydrate 45%

Fibre 0%

INGREDIENTS

VANILLA FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, maltodextrin, flavouring, potassium citrate, emulsifiers ([soya lecithin](#), E 471), sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁₂, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

FRUITS OF THE FOREST FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, flavourings, maltodextrin, potassium citrate, emulsifiers ([soya lecithin](#), E 471), beetroot powder, sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁₂, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

APRICOT-PEACH FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, maltodextrin, flavourings, potassium citrate, emulsifiers ([soya lecithin](#), E 471), sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁₂, β-carotene, Vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₉.

NUTRITIONAL COMPOSITION	Per 100ml	Per 125ml
ENERGY kcal (kJ)	200 (840)	250 (1050)
PROTEIN g	10	12.5
CARBOHYDRATE g	22.5	28.1
Of which sugars g	5.3-5.8*	6.6-7.25*
Of which lactose g	≤0.3	≤0.38
FAT g	7.8	9.75
Of which saturated fatty acids g	0.6	0.75
Of which monounsaturated fatty acids g	5.8	7.25
Of which polyunsaturated fatty acids g	1.4	1.75
FIBRE g	0	0
SALT g (Na x 2.5)	0.15	0.19
WATER ml	69-70*	86.3-87.5*
OSMOLARITY mosmol/l		590-600*
OSMOLALITY mosmol/kg H ₂ O		850-860*

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 125ml
SODIUM mg (mmol)	60 (2.6)	75 (3.25)
POTASSIUM mg (mmol)	160(4.1)	200 (5.1)
CHLORIDE mg (mmol)	80 (2.3)	100 (5.75)
CALCIUM mg (mmol)	205(5.1)	256.2 (6.4)
PHOSPHORUS mg (mmol)	120 (3.9)	150(4.9)
MAGNESIUM mg (mmol)	16 (0.7)	20 (0.9)
IRON mg	2.5	3.1
ZINC mg	1.6	2
COPPER µg	375	468.7
MANGANESE mg	0.5	0.6
IODINE µg	37.5	46.9
CHROMIUM µg	12.5	15.6
MOLYBDENUM µg	18.8	23.5
FLUORIDE mg	0.25	0.3
SELENIUM µg	13.5	16.9

VITAMINS	Per 100ml	Per 125ml
VITAMIN A µgRE	212.5	265.6
of which β- carotene µg RE	62.5	78.1
VITAMIN D ₃ µg	5	6.25
VITAMIN E mgαTE	3.75	4.69
VITAMIN K ₁ µg	21	26.25
VITAMIN B ₁ mg	0.3	0.38
VITAMIN B ₂ mg	0.4	0.5
NIACIN mg	3.75(5.58mg NE)	4.69(6.98mg NE)
VITAMIN B ₆ mg	0.43	0.54
VITAMIN B ₁₂ µg	0.75	0.94
PANTOTHENIC ACID mg	1.5	1.88
BIOTIN µg	9.4	11.75
FOLIC ACID µg	62.5	78.1
VITAMIN C mg	18.8	23.5

TYPICAL FATTY ACID PROFILE	g Per 100ml	
	VN/FOF	A-P
C14:0 Myristic acid	-	<0.01
C16:0 Palmitic acid	0.34	0.34
C18:0 Stearic acid	0.22	0.22
C18:1ω9 Oleic acid	5.53	5.53
C18:2ω6 Linoleic acid	1.11	1.11
C18:3ω3 α-Linolenic acid	0.27	0.27

TYPICAL AMINO ACID PROFILE	g Per 100ml	
ESSENTIAL		
Histidine		0.3
Isoleucine		0.57
Leucine		1.01
Lysine		0.84
Methionine		0.29
Phenylalanine		0.52
Threonine		0.46
Tryptophan		0.11
Valine		0.73

CONDITIONALLY ESSENTIAL		
Cysteine		0.05
Tyrosine		0.57
Taurine		-
Glycine		0.19
Arginine		0.37
Glutamine		0.94
Proline		1.03
NON-ESSENTIAL		
Aspartic acid and asparagine		0.92
Glutamic acid		1.28
Alanine		0.33
Serine		0.62

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml	
	VN/FOF	A-P
Glucose	0.48	0.50
Fructose	0.00	0.0
Maltose	2.05	2.14
Saccharose	3.00	2.4
Lactose	≤0.3	≤0.3
Oligo-/polysaccharides	16.72	17.2
Starch	0.0	0.0

* Depending on flavour

VAN - Vanilla
FOF - Fruits of the forest
A-P Apricot-Peach

Date of Preparation:
September 2019 EN/Gen/014.19