

## FRESUBIN® 5KCAL SHOT



### DESCRIPTION

A high energy liquid fat emulsion with long and medium chain triglycerides. Consisting of fat (rapeseed oil and MCT) and carbohydrate (sucrose). Lactose and gluten free.

### PRESENTATION

Fresubin® 5kcal Shot is a high calorie (5.0 kcal/ml), oral nutritional supplement (fat emulsion) with long and medium chain triglycerides.

Fresubin® 5kcal Shot is a Food for Special Medical Purposes, ready to use and presented in a 120ml EasyBottle.

It is available in two flavours: Neutral and Lemon.

### CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OF AGE

### PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

NOT SUITABLE AS A SOLE SOURCE OF NUTRITION

INTAKE SHOULD NOT EXCEED 50% OF PATIENTS' TOTAL

ENERGY NEEDS

### INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy needs or low volume tolerance.

Fresubin® 5kcal Shot is a Food for Special Medical Purposes.

Fresubin® 5kcal Shot is prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

### DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide: For supplementary nutrition: 3-4 x 30ml per day will provide (450 - 600 kcal).

### STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 14 days in a refrigerator.

### PACK SIZE

4 x 120ml.

### SHELF LIFE

12 months.

### ENERGY DISTRIBUTION

Protein 0%

Fat 96.8%

Carbohydrate 3.2%

Fibre 0%

### INGREDIENTS

#### Neutral

Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E472c), stabiliser (E460,E466), flavouring, thickener (E415).

#### Lemon

Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E472c), flavourings, stabiliser (E460, E466), thickener (E415).

### ORDER CODES

Neutral 7010801

Lemon 7012801

Date of Preparation:  
September 2019 EN/Gen/014.19

NUTRITIONAL COMPOSITION	Per 100ml	Per 30ml Serving
ENERGY kcal (kJ)	500 (2100)	150 (630)
PROTEIN g	0	0
CARBOHYDRATE g	4	1.2
Of which sugars g	4	1.2
Of which lactose g	0	0
FAT g	53.8	16.1
Of which saturated fatty acids g	16.7	5
Of which MCT g	13.9	4.2
Of which polyunsaturated fatty acids g	12.5	3.8
Of which monounsaturated fatty acids g	24.6	7.4
FIBRE g	0.4	0.1
SALT g (Na x 2.5)	0	0
WATER ml	40	12
VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 30ml Serving
VITAMIN E mg	14.0	4.2
VITAMIN K µg	38.0	11.4

\*Other mineral, trace elements and vitamins are present in clinically insignificant amounts

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6:0 Caproic acid	0.018
C8:0 Caprylic acid	7.57
C10:0 Capric acid	5.22
C12:0 Lauric acid	0.04
C16:0 Palmitic acid	1.84
C18:0 Stearic acid	0.81
C18:1ω9 Oleic acid	22.9
C18:2ω6 Linoleic acid	8.34
C18:3ω3 α-Linolenic acid	3.63

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Saccharose	4.0