

SUPPORTAN® DRINK



DESCRIPTION

A flavoured liquid consisting of protein (milk), fat (MCT, Sunflower oil, Safflower oil and fish oil), carbohydrate (Maltodextrin and Sucrose), fibre (inulin and wheat dextrin), vitamins, minerals and trace elements. Lactose and gluten free.

PRESENTATION

Nutritionally complete high calorie (1.5kcal/ml) disease specific oral nutritional supplement with fibre, high in protein (27% energy), high in EPA and DHA from fish oil, high in fat, with MCT. Ready to use and presented in a 200ml bottle. It is available in two flavours: Cappuccino* and Tropical Fruits.

*Cappuccino flavour contains traces of caffeine (0,6mg)

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

MUST ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION FOR CHILDREN UNDER 6 YEARS OF AGE

ENSURE ADEQUATE FLUID INTAKE

IF USED FOR COMPLETE NUTRITION CONSIDER HIGH FISH OIL AND PROTEIN LEVELS

INDICATIONS FOR USE

For the dietary management of patients with or at risk of malnutrition, in particular with cancer, catabolic diseases and/or cachexia

Supportan® Drink is a Food for Special Medical Purposes.

Supportan® Drink is prescribable on FPI0/GPI0 and intended for the dietary management of patients with pancreatic cancer and patients with lung cancer undergoing chemotherapy.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

Recommendation for supplementary nutrition 2 bottles (600kcal)/day, for complete nutrition ≤5 bottles (1500kcal)/ day.

STORAGE

Store at room temperature.

Once opened, use within 24 hours.

Shake well before use. Drink slowly.

SHELF LIFE

12 months from date of manufacture.

PACK SIZE

4 x 200ml.

ENERGY DISTRIBUTION

Protein 27%

Fat 40%

Carbohydrate 31%

Fibre 2%

ORDER CODES

Cappuccino 7589601

Tropical Fruits 7594601

INGREDIENTS

Water, milk protein, sucrose, maltodextrin, fish oil (with soya lecithin), vegetable oils (safflower oil, sunflower oil), medium chain triglycerides (MCT), inulin (from chicory), flavourings, wheat dextrin, potassium citrate, emulsifiers (soya lecithin E471), sodium chloride, sodium citrate, vit. C, magnesium oxide, iron pyrophosphate, magnesium citrate, zinc sulphate, niacin, vit. E, manganese chloride, pantothenic acid, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Date of Preparation:

September 2019 EN/Gen/014.19

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	150 (630)	300 (1260)
PROTEIN g	10	20
CARBOHYDRATE g	11.6	23.2
Of which sugars g	7 (7.5*)	14 (15*)
Of which lactose g	≤0.5	≤1.0
FAT g	6.7	13.4
Of which saturated fatty acids g	2.8	5.6
Of which MCT g	1.6	3.2
Of which monounsaturated fatty acids g	1.6	3.2
Of which polyunsaturated fatty acids g	2.3	4.6
Of which EPA and DHA g	0.71	1.42
FIBRE g	1.5	3
SALT g (Na x 2.5)	0.12	0.24
WATER ml	76	152
OSMOLARITY mosmol/l		435 (385*)
OSMOLALITY mosmol/kg H ₂ O		575 (510*)

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	47.5 (2.1)	95 (4.2)
POTASSIUM mg (mmol)	128 (3.3)	256 (6.6)
CHLORIDE mg (mmol)	50 (1.4)	100 (2.8)
CALCIUM mg (mmol)	203 (5.1)	406 (10.2)
PHOSPHORUS mg (mmol)	120 (3.9)	240 (7.8)
MAGNESIUM mg (mmol)	26 (1.1)	52 (2.2)
IRON mg	2.5	5
ZINC mg	2	4
COPPER µg	375	750
MANGANESE mg	0.5	1
IODINE µg	37.5	75
CHROMIUM µg	12.5	25
MOLYBDENUM µg	18.8	37.6
FLUORIDE mg	0.25	0.5
SELENIUM µg	13.5	27

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 200ml
VITAMIN A µgRE	213	426
of which β-carotene µg RE	63	126
VITAMIN D ₃ µg	2.5	5
VITAMIN E mgαTE	3.75	7.5
VITAMIN K ₁ µg	21	42
VITAMIN B ₁ mg	0.3	0.6
VITAMIN B ₂ mg	0.4	0.8
NIACIN mg	1.5(3.17mg NE)	3.0(6.34mg NE)
VITAMIN B ₆ mg	0.43	0.86
VITAMIN B ₁₂ µg	0.75	1.5
PANTOTHENIC ACID mg	1.5	3
BIOTIN µg	9.4	18.8
FOLIC ACID µg	62.5	125
VITAMIN C mg	18.8	37.6
CHOLINE* mg	2.5	5

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6 Caproic acid	0.002
C8 Caprylic acid	0.88
C10 Capric acid	0.6
C12 Lauric acid	0.005
C14 Myristic acid	0.19
C16 Palmitic acid	0.55
C16:1 n-7 Palmitoleic acid	0.22
C18 Stearic acid	0.15
C18:1 n-9 Oleic acid	1.07
C18:2 n-6 Linoleic acid	1.16
C18:3 n-3 α-Linolenic acid	0.03
C20:5 n-3 Eicosapentaenoic acid	0.50
C22:6 n-3 Docosahexaenoic acid	0.21
Other n-3 fatty acids from fish	0.07

TYPICAL AMINO ACID PROFILE	g Per 100ml
ESSENTIAL	
Histidine	0.29
Isoleucine	0.57
Leucine	0.98
Lysine	0.83
Methionine	0.28
Phenylalanine	0.5
Threonine	0.47
Tryptophan	0.10
Valine	0.7

CONDITIONALLY ESSENTIAL	
Cysteine	0.07
Tyrosine	0.53
Taurine	-
Glycine	0.19
Arginine	0.36
Glutamine	0.74
Proline	0.98
NON-ESSENTIAL	
Aspartic acid and Asparagine	0.93
Glutamic acid	1.03
Alanine	0.33
Serine	0.59

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml	
	Cappuccino	Tropical Fruits
Glucose	0.1	0.09
Fructose	0.06	0.06
Maltose	0.25	0.24
Saccharose	6.06	6.56
Lactose	≤0.5	≤0.5
Oligosaccharides and Polysaccharides	4.65	4.18
Starch	-	-

*Tropical Fruits flavour